



Atlantic Active Transportation Summit

May 23-24, 2018
Halifax, Nova Scotia

Sponsors

The *Atlantic Active Transportation Summit* is hosted by the Active Transportation Committee of the Nova Scotia Federation of Municipalities. Many thanks to our sponsors for their support.



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WELCOME!

As governments, non-profits, academics and community organizers work hard to advance active transportation initiatives across Atlantic Canada, the *Atlantic Active Transportation Summit* aims to share this great work, generate thoughtful discussion, and foster connectivity between active transportation professionals across the Atlantic provinces.

Wednesday May 23

Registration Desk

Inside entrance of Paul O'Regan Hall
8:30 am – 4:45 pm
Coffee, tea, and light snacks provided

Welcome & Opening Remarks

Paul O'Regan Hall
9:00 am – 9:30 am

Geoff Stewart, President of the Nova Scotia Federation of Municipalities
Mayor Mike Savage, Halifax Regional Municipality
Brendan Maguire, MLA for Halifax Atlantic

Panel: Active Transportation Across Atlantic Canada

Paul O'Regan Hall
9:30 am – 11:00 am

Kevin Flynn, Bicycle NFLD
Mana Wareham, NS Department of Energy
François Caron, PEI Department of Health & Wellness
Olivia Sanford, NB Office of the Chief Medical Officer of Health

Representatives from each Atlantic province present the current state and development of active transportation in their respective province. The moderator will lead a discussion for further perspectives.

Break

11:00 am – 11:15 am

Concurrent Sessions A

Various Rooms

11:15 am – 12:15 pm

A. Active Transportation and Accessibility

Paul O'Regan Hall

Gerry Post, Accessibility Directorate, Government of Nova Scotia
Johanna Stork, Vision Loss Rehabilitation Nova Scotia

How will Nova Scotia's new Accessibility Act influence active transportation in the province? Hear Gerry Post discuss the act's implication for active transportation and its impact on municipalities. Next, orientation and mobility specialist Johanna Stork shares realities that people with visual impairments might face when engaging in active transportation.

B. Perspectives from First Nations & African Nova Scotian Communities

Room 301

Tammy Ewing, East Preston Family Resource Centre
Natalia Diaz-Insense, Ecology Action Centre
Krista Devoe, Membertou First Nation, NS

A recent walkability audit indicated East Preston, NS (one of Canada's largest indigenous black communities) is not a safe place to walk. Tammy Ewing and Natalie Diaz-Insense share the accomplishments, challenges, and strategies of East Preston's *Rural Access to Physical Activity Action Team*, ending with a discussion on how to replicate their collaborative approach in other rural communities. Membertou (a Mi'kmaq community within the Cape Breton Regional Municipality) strives to keep the community as walkable as possible through community planning and design, policy and infrastructure. Krista Devoe's shares how Membertou has taken the reins of active transportation and how they connect to the world outside of the community.

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C. Piloting Bike Infrastructure

BMO Room (limited seating)

Jon Lewis, City of Fredericton, NB

Kate Whitfield, Alta Planning and Design

Mike Connolly, Cycling PEI

This session focuses on bicycle infrastructure, featuring discussions on rapid implementation of cycling facilities, pilot projects across Canada, as well as navigating bureaucratic challenges. Speakers bring varied perspectives from the public, private, and non-profit sectors.

Lunch (provided)

12:15 – 1:15 pm

Paul O'Regan Hall

Concurrent Sessions B

1:15 pm – 2:15 pm

Various Rooms

A. Complete Streets

Paul O'Regan Hall

Tom Sorrentino, City of Charlotte, North Carolina

Mayor Brenda Chisholm, Town of Port Hawkesbury, NS

Complete streets are streets designed for the safety and convenience not just motorists but of all users - pedestrians, cyclists, transit users and persons with disabilities. The City of Charlotte, North Carolina has made considerable progress towards the creation of complete streets, including a number of *road diets*. Tom Sorrentino will provide an overview of the projects that the city has recently initiated and the challenges faced when rethinking and reconfiguring urban streets. Next, Brenda Chisholm, mayor of Port Hawkesbury, describes the plans for Reeves Street, Nova Scotia's first *road diet*. Reeves Street consists of four lanes of fast moving traffic. Recently, the Town Council prepared plans to reconfigure the street to slow down traffic, create more space for cyclists and pedestrians, and to create a more people- oriented environment.

B. The Economic Case for Walkability

Room 301

Neil Lovitt, Turner Drake & Partners Ltd.

The economic angle is crucial to raise buy-in for active transportation. As a planner with expertise in market analysis and land economics, Neil outlines compelling economic and fiscal benefits of walkability for both public and private sectors. It is an increasingly important value factor for many types of real estate, helping municipal bottom lines by influencing costs and revenues. Communicating these aspects can help generate support for active transportation.

Concurrent Sessions C

Various Rooms

2:15 pm – 3:15 pm

A. Successful Approaches to Improving Active Transportation

Paul O'Regan Hall

Susan Sauv , City of Peterborough, Ontario

Susan Sauv  is the Transportation Demand Management Planner for the City of Peterborough. Peterborough, a city of 81,000 residents, is widely recognized in Ontario for its active transportation initiatives and now boasts an active transportation mode share of 10.2% for active transportation, up from 6.7% in 2006. Susan's presentation will focus on the strategies that have been used in Peterborough to encourage more people to start walking and cycling.

B. Evidence for Influencing Change in a Data Driven World

Room 301

Dr. Ahsan Habib, Dalhousie Transportation Collaboratory (DalTRAC)

Nora Dickson, Nova Scotia Health Authority

Data can be a very powerful tool for influencing policy, informing decision-makers, monitoring progress and planning effective active transportation networks. Dr. Ahsan Habib, professor at Dalhousie University and founder of the Dalhousie Transportation Collaboratory (DalTRAC), presents the latest figures related to active transportation in Nova Scotia. Nora Dickson presents on the Active Transportation and Health Indicators project, which establishes baseline data and highlights trends in active transportation use across Halifax Region.

Break

3:15 pm – 3:30 pm

Planning and Design in Mid-Sized Atlantic Communities

Paul O'Regan Hall

3:30 pm – 4:45 pm

Mackenzie Childs, Town of Bridgewater, NS

Olivia White, Master of Urban Planning Candidate, McGill University

This session features speakers discussing planning and designing for active transportation in Atlantic communities. Mackenzie Childs focuses on the role of the multi-disciplinary Bridgewater Active Transportation Advisory Committee in implementing the town's 2008 Active Transportation and Connectivity Plan. Olivia White presents her research on design challenges for active transportation networks in Canadian small towns.

Dinner Break (on your own)

4:45 pm – 7:00 pm

Optional Seven Bays Walking Group

Front of Halifax Central Library

Meet at 6:00 pm

Departure at 6:10 pm

Seven Bays Bouldering is 1.1 km walk from Halifax Central Library. You are welcome to join our volunteer-led walking group which will guide delegates to the venue.

Move It! An Active Transportation Presentation Series

Seven Bays Bouldering, 2019 Gottingen St

7:00 pm – 9:00 pm

An informal evening of short presentations delivered by non-profits, businesses, researchers, and citizen change-makers working to advance active transportation across Atlantic Canada.

Food and drink are available to purchase on site. Mingling at **6:30 pm**, presentations at **7:00 pm**.

Speakers

Using Social Marketing to Encourage Walking in Cape Breton

Claire MacLean, Sustainable Transportation Committee Member, Cape Breton Regional Municipality

The Barriers to Strategies for Multi-Modal Transportation within and between Communities in New Brunswick

Isabelle Ouellette, MSc Planning Candidate, University of Guelph

The Built Environment and its Influence on Physical Activity among African Nova Scotians

Ogheneruemu Ememoh, Dalhousie University

Collisions Tracking Project

Chad LeClair, MBA MD Candidate, Dalhousie University

Bike Friendly Certification Program

Ben Buckwold, Bicycle Nova Scotia

Carsharing and Transit are Catalysts for Active Transportation

Tim Callanan, CarShare Atlantic

Erin Blay, Halifax Transit

Thursday, May 24

Where to Start your Day

Halifax Participants

Registration Desk
Doors of Room 301
9:00 am – 1:15 pm

Annapolis Valley Participants

Meet in Front of Halifax Central Library
8:00 am

HALIFAX CENTRAL LIBRARY

Cultivating a Community of Practice

Room 301
9:15 am – 10:45 am

Active Alliance for Nova Scotia: Eliza Jackson, Ecology Action Centre
Bekah Craik, Municipality of the District of West Hants

Vélo Canada Bikes: Dr. Sara Kirk, Dalhousie University

Association of Bicycle and Pedestrian Professionals: Kate Whitfield, Alta
Planning and Design

How can we strengthen ties amongst active transportation professionals and advocates? This facilitated session features presentations and discussions led by members of the newly developed Active Alliance for Nova Scotia, Vélo Canada Bikes, and Association of Pedestrian and Bicycle Professionals.

Break

10:45 am – 11:00 am

Panel: Greenways and Trails in Nova Scotia

Room 301
11:00 am – 12:15 pm

Barbara Bishop, Paradise Active Healthy Living Society

Patricia Richards & Mona Bordage, Shore Active Transportation Association

Rick Muzyk, St. Margaret's Bay Area Rails to Trails Association

Paul Euloth, Nova Scotia Greenways

Nova Scotia's greenways are an important active transportation asset. Hear presentations on the opportunities and challenges facing greenway development and management in Nova Scotia. This session ends with a facilitated discussion.

Lunch (provided)

12:15 pm – 1:00 pm

Concurrent Mobile Workshops, Halifax

1:00 pm – 4:00 pm

Departure from front of Halifax Central Library

A. Walk this Way: Making it Safer and Easier to Walk in Halifax

Hanita Koblents, Halifax Regional Municipality

Johanna Stork, Vision Loss Rehabilitation Nova Scotia

This workshop will explore new pedestrian infrastructure including the Argyle Shared Street, temporary pedestrian improvements to Spring Garden Road, urban roundabouts, and other infrastructure that makes pedestrian trips safer and more comfortable. We will be joined by Vision Loss Rehabilitation Nova Scotia to understand how pedestrian facility design affects accessibility for all users.

B. Activate Cycling! What the East can Learn from the West

Mark Nener, Halifax Regional Municipality

Brian Patterson and Sarah Freigang, Urban System

Halifax has been directed to implement an “all ages and abilities” bikeway network in the Regional Centre by 2022. This workshop will explore rapid network implementation examples from other jurisdictions, introduce Halifax projects under construction or in the planning stages, and feature a bike ride with stops to introduce our developing AAA bicycle network.

C. Started from the Bottom: Grassroots Transportation Initiatives

Kelsey Lane & Meghan Doucette, Halifax Cycling Coalition

What is the role of community groups in creating bike-friendly communities? This mobile workshop led by the Halifax Cycling Coalition will discuss the importance of encouraging bottom-up support for Active Transportation in your community. We will lead a tour of Halifax cycling infrastructure through the eyes of a non-profit organization. We will visit examples of community-led initiatives including bump-out pilot projects, bike racks, and data collection programs that can be adapted to improve active transportation in your region.

ANNAPOLIS VALLEY

Annapolis Valley participants will ride bicycles between site visits, discussing topics such as accessibility and active transit, downtown Kentville bike plans, erosion control, road alterations to support active transportation intersections, and trail improvements. Total distance is about 25 kilometers, at a casual pace with multiple stops. Support staff will be available throughout the day.

For those driving themselves and bringing their own bicycle, please arrive at Kentville Memorial Skatepark with your bicycle at 9:15 am. The tour begins at 9:30 am.

Bus Departure

From: Halifax Central Library
To: Kentville Memorial Skatepark
8:15 am – 9:30 am

Please arrive at 8:00 am. The bus will leave at 8:15 am sharp.

Begin Bike Tour

From: Kentville Memorial Park
To: Noggins Farm
9:30 am – 12:00 pm

Lunch

Noggins Farm
12:00 pm – 1:00 pm

Continue Bike Tour

From: Noggins Farm
To: Grand-Pré National Historic Site
1:00 pm – 2:30 pm

Closing Remarks

Grand-Pré National Historic Site
2:30 pm – 3:00 pm

Board bus back to Halifax

From: Kentville Memorial Skatepark
To: Halifax Central Library
3:00 – 4:15 pm

Friday, May 25

Bicycle Facilities Design Workshop

Community Council Room, 60 Alderney Drive, Dartmouth, NS

9:00 am – 4:00 pm

Brian Patterson, Urban Systems

Sarah Freigang, Urban Systems

Summit attendees are invited to attend this special one-day workshop on bicycle facilities design, sponsored by Canadian Institute of Transportation Engineers. This one-day training workshop is designed to:

- Assist design professionals in developing awareness and understanding of the unique issues and needs of cyclists;
- Provide attendees an understanding of the latest national and international trends, best practices and design guidance in the rapidly evolving field of bicycle facility design (including the Transportation Association of Canada's recently updated Geometric Design Guide for Canadian Roads Bicycle Integrated Design chapter); and
- Equip attendees with the design skills needed to deal with diverse, complex issues that arise around the selection, design and implementation of cycling infrastructure, including winter cycling considerations.

The workshop considers the wide variety of contexts in which cycling infrastructure is implemented, including rural, suburban and urban communities.

Sponsored by Canadian Institute of Transportation Engineers



Conference Program at a Glance

MAY 23 | Halifax Central Library

8:30	Registration
9:00	Welcome & Opening Remarks
9:30	Atlantic Overview
11:00	Break
11:15	Concurrent Sessions A
12:15	Lunch (provided)
1:15	Concurrent Sessions B
2:15	Concurrent Sessions C
3:15	Break
3:30	Planning in Mid-Sized Atlantic Communities
4:45	Dinner Break (on your own)
7:00	Move It! Presentation Series (Seven Bays Bouldering)

MAY 24 | Halifax Central Library

9:15	Cultivating a Community of Practice
10:45	Break
11:00	Greenways Panel
12:15	Lunch (provided)
1:00	Concurrent Mobile Workshops

MAY 24 | Annapolis Valley

8:15	Bus departs Halifax Central Library
9:30	Arrive at Kentville Memorial Skatepark, begin tour
12:00	Picnic Lunch (provided)
1:00	Touring by bicycle
3:00	Board bus at Grand-Pré National Historic Site
4:15	Arrive at Halifax Central Library